

GRADED MEET ON SUNDAY 10TH OCTOBER 2010

(Being held under SASA Regulations and the FINA Technical Rules for Swimming)

License N^o : WD/L3/706/1010

Venue	Citadel Leisure Centre, Ayr												
Pool	6 Lane x 25m with separate swim down pool												
Electronic Timing	Omega												
Entry Fee	£4.50 per event												
Poolside Pass	Poolside Passes (for Coaches, Team Managers and/or Chaperones) which include entry to the poolside, tea/coffee throughout day, lunch and one set of results can be purchased at £5.00 each												
Closing Date for Entries	Friday 10 th September 2010												
Age Groups (Age is determined as at the 10 th October 2010. Swimmers may only enter events in their own age group)	<table><tr><td>8-9 yrs</td><td>50m</td><td>All Strokes</td></tr><tr><td>10-11 yrs</td><td>100m</td><td>All Strokes</td></tr><tr><td>12-13 yrs</td><td>100m</td><td>All Strokes</td></tr><tr><td>14 and over</td><td>100m</td><td>All Strokes</td></tr></table> <p>All events are HDW (Heat Declared Winners)</p>	8-9 yrs	50m	All Strokes	10-11 yrs	100m	All Strokes	12-13 yrs	100m	All Strokes	14 and over	100m	All Strokes
8-9 yrs	50m	All Strokes											
10-11 yrs	100m	All Strokes											
12-13 yrs	100m	All Strokes											
14 and over	100m	All Strokes											
Warm Up and Start Times	0855 to 0955 for 1000 start 1325 to 1425 for 1430 start Sessions, including presentations, are scheduled to last no longer than 3 hours												
Prizes	Medals for 1 st , 2 nd and 3 rd												
Meet Enquiries	<p>All enquiries for this Meet should be addressed as follows Email : admin@southayrshireswim.co.uk</p> <p>Postal : Russell Mowbray, Meet Entry Manager (Tel: 07827 240160) c/o Prestwick Swimming Pool St Ninians Park, Prestwick, KA9 2NQ</p>												
Refreshments	Café open from 9am during the day												
Car Parking	At the pool and an overflow parking area adjacent to Horizon Hotel												
Accommodation	A list of hotels can be obtained from Ayr Tourist Office on 01292 678100 Craig Tara Caravan Park is also a source of accommodation												
Swim Shop	Our swim shop will be available throughout the meet												

SOUTH AYRSHIRE SWIM TEAM GRADED MEET
10TH OCTOBER 2010

Licence N^o: WD/L3/706/1010

1.	The Meet is held under SASA regulations and FINA Technical Rules for Swimming
2.	The pool is 25m long x 6 lanes, with anti-turbulence lane ropes and swim-down facility.
3.	Omega electronic timing
4.	Awards will be made to the top three swimmers in each event
5.	The correct fee of £4.50 per individual must accompany the supporting paper confirmation of entries. Entries must be made by email to the Meet Entry Manager, Russell Mowbray, at admin@southayrshireswim.co.uk Cheques should be made payable to SAST and returned to: Meet Entry Manager, c/o Prestwick Swimming Pool St Ninians Park, Prestwick, KA9 2NQ
6.	All swimmers of Scottish clubs must have a current SASA membership number. All swimmers of non-Scottish clubs must be registered with their governing body
7.	No photographic or video equipment shall be allowed in any area under the jurisdiction of the Meet Organisers without prior approval of the Meet Manager. Applications must be made on the SASA approved form available at the Meet Office. Mobile phones must be switched off at all times
8.	Swimmers, coaches and team managers must ensure that all of their swimmers can safely dive into deep or shallow water as prescribed by current/planned legislation. No diving is allowed at the shallow end of the pool
9.	A one-way system around the pool will be in operation
10.	Warm-ups will be split to accommodate the numbers and age range of competitors and as per schedule of events. It is the coaches responsibility to supervise their swimmers during warmups.
11.	Over the top starts will be used during the Meet at the discretion of Meet Manager/Referee
12.	The Meet will run without entry cards. All swimmers must register no later than 45 minutes before the start of each session with the Entry Marshals located in the foyer on the first floor adjacent to the pool. Open AM 8.15-9.15. PM 12.30-1.45. Please make your swimmers aware of this arrangement Exceptionally, on production of their pass, coaches will be allowed to sign-in their swimmers. Start sheets will then be posted at various locations around the poolside. Marshalling is compulsory. Swimmers will be called for in whole events, at least one event prior to their swim and marshalled into heats in the designated marshalling area. Swimmers will then be sent, in heat order, to the starting blocks.
13.	Entries to events will be restricted and will be accepted on the basis of entry times. Any entry not accepted will be refunded. If there are reserve swims and a reserve swimmer attends and does not get a swim, a full refund will be issued. A list of excluded entries will be sent to the Contact stated on the Meet Entry form. It is the responsibility of the person receiving confirmation of the entries to check the accuracy of the accepted swims and to inform all relevant swimmers of their accepted entries.

14.	Poolside passes are available at a cost of £5.00. Passes are required for all Coaches, Team Managers and/or chaperones wishing to be poolside. Only pass holders, swimmers, technical officials and meet personnel shall be allowed on to the poolside.
15.	SAST reserve the right to fill lanes with their swimmers where an event is under subscribed SAST reserve the right to scratch events when there is insufficient entries
16.	To ensure accreditation for each session we would appreciate support from participating Clubs by nominating Technical Officials qualified to Judge level.
17.	It is the coaches responsibility to supervise their swimmers using the swim down pool therefore if this facility is abused it may have to be withdrawn.

ORDER OF EVENTS

Session 1	Warm-up 08.55 – 09.55				Entry time slower than
Event	Event Start	10.00			
101	Girls	8 - 9	50m	Freestyle	38.70
102	Boys	8 – 9	50m	Freestyle	38.70
103	Girls	10 - 11	100m	Breaststroke	1:39.50
104	Boys	10 – 11	100m	Breaststroke	1:39.50
105	Girls	12 – 13	100m	Freestyle	1:10.10
106	Boys	12 – 13	100m	Freestyle	1:08.10
Presentations for Events 101 - 106					
107	Girls	14 and over	100m	Butterfly	1:14.80
108	Boys	14 and over	100m	Butterfly	1:08.50
109	Girls	8 - 9	50m	Breaststroke	50.90
110	Boys	8 – 9	50m	Breaststroke	50.90
111	Girls	10 - 11	100m	Freestyle	1:18.10
112	Boys	10 – 11	100m	Freestyle	1:18.10
Presentations for Events 107 - 112					
113	Girls	12 – 13	100m	Breaststroke	1:28.10
114	Boys	12 – 13	100m	Breaststroke	1:26.00
115	Girls	14 and over	100m	Backstroke	1:15.00
116	Boys	14 and over	100m	Backstroke	1:09.30
117	Girls	10 - 11	100m	IM	1:31.20
118	Boys	10 – 11	100m	IM	1:31.20
Presentations for Events 113 - 118					
Session 2	Warm-up 13.25 – 14.25				Entry time slower than
Event	Event Start	14.30			
201	Girls	12 – 13	100m	Backstroke	1:18.20
202	Boys	12 – 13	100m	Backstroke	1:16.70
203	Girls	14 and over	100m	IM	1:19.60
204	Boys	14 and over	100m	IM	1:12.40
205	Girls	8 - 9	50m	Backstroke	44.80
206	Boys	8 – 9	50m	Backstroke	44.80
Presentations for Events 201 - 206					
207	Girls	10 - 11	100m	Butterfly	1:27.70
208	Boys	10 – 11	100m	Butterfly	1:27.70
209	Girls	12 – 13	100m	IM	1:21.50
210	Boys	12 – 13	100m	IM	1:19.90
211	Girls	14 and over	100m	Breaststroke	1:24.50
212	Boys	14 and over	100m	Breaststroke	1:18.30
Presentations for Events 207 - 212					
213	Girls	8 - 9	50m	Butterfly	44.00
214	Boys	8 – 9	50m	Butterfly	44.00
215	Girls	10 - 11	100m	Backstroke	1:27.80
216	Boys	10 – 11	100m	Backstroke	1:27.80
217	Girls	12 – 13	100m	Butterfly	1:17.70
218	Boys	12 – 13	100m	Butterfly	1:15.90
219	Girls	14 and over	100m	Freestyle	1:07.80
220	Boys	14 and over	100m	Freestyle	1:02.50
Presentations for Events 213 - 220					

SOUTH AYRSHIRE

Swim Team

ENTRY FILE REQUEST FORM

CLUB NAME	
CLUB CONTACT'S NAME	
ADDRESS	
POST CODE	TEL No
EMAIL	

Files will be produced using the Hy-Tek Meet Management System and will be sent along with instructions by email. Hy-Tek's Team Manager or Team Manager Lite is needed in order to complete the entries. Team Manager Lite can be downloaded free of charge by going on line to www.hy-tek Ltd.com

Applications to: admin@southayrshirewim.co.uk

Russell Mowbray, Meet Entry Manager
c/o Prestwick Swimming Pool
St Ninians Park, Prestwick KA9 2NQ

Telephone 07827 240160

CLOSING DATE 12 NOON ON 10th September 2010

Requests for the meet entry file should be made at least two weeks in advance of the closing date for entries.

Office Use Only

Date File Issued..... Date Returned

Date Processed.....

SOUTH AYRSHIRE

Swim Team

SUMMARY SHEET

This form must be completed and returned with the entry file and individual entry forms

Club:

Contact Name:

Address:

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Post Code: Tel No.

e-mail address:

(important for urgent distribution of information and updates pertaining to the meet)

Total Male Entries @ £ 4.50 £.....

Total Female Entries @ £4.50 £.....

Total for Poolside Passes (see separate sheet) £

Total cheque enclosed £

Make cheques payable to **South Ayrshire Swim Team**

Form to be returned to: **Russell Mowbray (Meet Entry Manager)**

c/o Prestwick Swimming Pool

St Ninians Park, Prestwick KA9 2NQ

email: admin@southayrshireswim.co.uk

Telephone 07827 240160

CLOSING DATE 12 NOON ON 10th September 2010

SOUTH AYRSHIRE

Swim Team

POOLSIDE PASS APPLICATION

CLUB NAME

Coach passes are available at a cost of £5.00 **per coach/team manager/chaperone per day** which entitles entry to the poolside, tea/coffee throughout day, lunch and one set of results.

Additional passes may be purchased at a cost of £5.00 per day and include all of the above.

Names.....

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Total number of Passes @ £5.00 per day required as follows:

Sunday 10th October _____ @ £5.00 = £.....

Please transfer total amount to Summary Sheet

CLOSING DATE FOR ENTRIES 10th September 2010



South Ayrshire Swim Team Graded Meet 2010

10th October 2010

In order to comply with accreditation and health and safety requirements, this form must be completed and returned with your entries..

I confirm that all the entered swimmers have paid their current SASA Registration Fee.

I understand that any swimmer entered without a Registration Number will not be allowed to take part.

I confirm that all entered swimmers have been trained and are competent to dive into deep or shallow water in a safe manner as prescribed by current guidelines.

Signed.....

Name (please print).....

Club Name.....

Position in Club.....

Thank you for your co-operation.